



Urogynecology

Problems such as losing urine involuntarily “dropped” bladder and uterus, pain in the vagina and vulva and sexual dysfunction are now considered the specialty field of **Urogynecology**.

This specialty is becoming increasingly important as our population ages, becomes more active, and expects fewer limitations. Our group, Associates For Women’s Medicine, has a keen interest in these problems and we have been fortunate to work with gynecologists who specialize in this area, keeping us up-to-date in new approaches and techniques.

Women who suffer from urine loss when coughing, sneezing, laughing, or exercising, as well as women who also have problems with urinary frequency or urgency can all receive treatment.

New surgical treatment options offer simplified procedures that are not only shorter in duration, but leave smaller or almost non-existent scars with comparable success rates. These new **Urogynecology** procedures are performed in outpatient surgery suites with no overnight stay.

These are exciting times with new treatment options! If you are experiencing problems related to urinary incontinence, pelvic organ prolapse, vulvar pain disorders or female sexual dysfunction, consult with your Associates For Women’s Medicine provider. We might surprise you with a simple solution!

The following questionnaire is designed for you to help you identify if you would benefit from a consultation. Complete this questionnaire and talk to your Doctor today!

Urogynecology Patient Questionnaire

	<u>Yes</u>	<u>No</u>	<u>Comments</u>
Do you leak urine when you COUGH, SNEEZE or LAUGH?			
Do you ever have the FEAR OF LEAKING before you reach the toilet?			
Do you ever leak urine on THE WAY to the toilet?			
How many times DURING THE DAY do you urinate?			
How many times do you have to get up AT NIGHT to urinate?			
Have you ever WET YOUR BED during the past year?			
Does your urine SIMPLY RUN OUT of you when you stand up to go to the toilet?			
Do you leak DURING OR AFTER SECUAL INTERCOURSE?			
Do you leak EVERYDAY or OCCASIONALLY?			
Do you find it necessary to wear a PAD?			
Have you had bladder or kidney INFECTIONS frequently?			
Are you troubled with PAIN or DISCOMFORT when you urinate?			
Have you ever had BLOOD in your urine?			
Are you having to change your PHYSICAL and SOCIAL activities due to leakage of urine?			
Does your bladder feel STILL FULL after having urinated?			