

**IMPORTANT UPDATE**  
**For St. Joseph's Hospital**  
**Labor & Delivery**

**CURRENT VISITING GUIDELINES**

Out of an abundance of caution, and to help mitigate exposure should a patient that meets the COVID-19 screening criteria enter one of our facilities, St. Joseph's Health Hospital will restrict visitors of our patients and colleagues effective today 03/13/2020.

*The following guidelines are in effect until further notice:*

1. 1 visitor per patient at a time for no longer than 1-2 hours.
2. No visitors under 14 years of age.
3. Do not visit if you are sick.

*ALL visitors should:*

4. Wash their hands with soap and water frequently, or use alcohol-based hand sanitizer.
5. Use a tissue to cover any coughs and sneezes.
6. Assess their own health and if at risk for illness, or have any symptoms, stay home.

**CURRENT LABOR & DELIVERY GUIDELINES**

*OB regulations:*

\*\*Support persons showing up sick will not be allowed to stay, they will be asked to leave \*\*\*

1. Laboring patient (LD and Birth Place)
  - a. Two coaches may stay with the patient 24/7 (over 14 years old)
  - b. No other visitors will be allowed. This includes children under 14.
2. Labor & Delivery Operating Room
  - a. One coach will be allowed in the C-section room
  - b. The coach may remain with the patient in the C-section room and in the recovery room (the second support person may be here)
  - c. No other visitors are allowed. This includes children under 14.
3. NICU
  - a. The mother and one support person will be allowed to visit.
  - b. No other visitors will be allowed including children under 14.
4. Postpartum (Birth Place and Mother Baby)
  - a. The same two coaches from LD may stay with the patient (over 14 years old)
  - b. No other visitors are allowed including children under 14.